

### A thought for the day

'Early-stage religion tends to focus on.....determining who meets the requirements for moral behaviour and religious belief. But Jesus threw a wrench into this whole machinery by refusing to enforce or even bother with what he considered secondary issues like the Sabbath, ritual laws, purity codes, membership requirements..... He saw they were only "human commandments," which far too often took the place of love.' - *Richard Rohr*

### A prayer for the week for ourselves

Father, it was good to rest with Jesus, to listen to his words and to break bread with him. We are not sure whether in everyday life we can always respond well to his trust and act with his compassion, so we ask for his strength to overcome our weaknesses and to fill us with his serving and saving love. Grant this for his sake, Jesus Christ our Lord. Amen.

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## **The Anglican Church of St. Francis, South Tenerife**

*Diocese in Europe; Archdeaconry of Gibraltar*

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### ***Walking together in faith***

2<sup>nd</sup> June 2024    **First Sunday after Trinity**  
(9<sup>th</sup> Sunday in Ordinary Time)

### **The Sunday Eucharist:**

10.15am    **San Eugenio**, Playa de Las Américas

12 noon    **San Blas**, Golf del Sur

6.00pm    **Espiritu Santo**, Los Gigantes

Welcome to everyone to our worship. At the heart of our liturgy today is the issue of how we understand and use laws or rules. It is good that there are such things to remind us that there are other people whose rights we must respect, and also to keep us from forgetting what we should do for God and people and also for ourselves. That is precisely the point of the laws and commandments of God: they are there to serve us, to help us in loving God and our neighbour, but never to keep us from helping and serving them. May the Lord here among us today help us to understand his commandments and follow them as road signs for life.

Important information regarding the reception of Holy Communion  
*Holy Communion is distributed in both kinds (bread and wine). You may receive in one kind only if you prefer. To receive from the chalice, please drink (sip!) from it. We ask you not to dip the wafer bread into the chalice. It is more infection risky and is not approved in the Diocese in Europe. **If you require gluten-free bread, please let us know before the service begins.***

### Today's readings

Deuteronomy 5: 12 – 15 *A day of rest with the Lord*

Keeping holy the Sabbath day is the longest of the Ten Commandments. The people of God are instructed that not only their days of work bring them nearer to God, but also and especially their rest and celebration. We too have to learn how to use our Christian sabbath properly and as a 'rest in the Lord.'

Psalms 81: 1 – 10, with the response:

**O come, let us sing to the Lord.**

2 Corinthians 4: 5 – 12 *Jesus is our strength*

The hardships of the apostles and of the faithful are bearable because the power of God is greater than our own power. In spite of the challenges, we live the life of Jesus with us and in us.

Mark 2: 23 – 3: 6 *Jesus is Lord of the Sabbath*

Laws are there to serve people, especially the law of God. No law should ever keep us from doing good. Those who criticised Jesus for his sabbath mercy were clearly capable of sabbath malice! If a law of God appears to prevent an act of good, it is not God's law but a misguided human invention or interpretation.

Eucharistic Prayer: E (pages 14 – 15) including the Preface for Corpus Christi (celebrated last Thursday, and by our Spanish friends today), followed by the Lord's Prayer and Holy Communion (page 21).

A collection will be taken at the Offertory.

If you are a UK taxpayer, please consider using the Gift Aid envelope provided, or available at the back of church. It would increase your donation by 25% with no extra cost to you. Contributions at any time are also most welcome by bank transfer to either our euro or sterling

accounts. For security reasons the details have had to be withdrawn from the pew sheet. Please contact our treasurer Gwen Furmston, in church (San Eugenio) or by email to [sgfurmston@gmail.com](mailto:sgfurmston@gmail.com)

We are a completely self-supporting Chaplaincy. Your generous giving is very important to us and much appreciated, helping us to maintain an Anglican presence and ministry in south Tenerife.

### **Our Charity Shop in Los Gigantes**

This week open Wednesday, Thursday and Friday, 10.00am to 2.00pm

For information: Jill Pargeter 711 03 64 74; [jillpstone61@gmail.com](mailto:jillpstone61@gmail.com)

Every Tuesday San Blas church is open from 11.00am to 12 noon for private prayer or for someone to chat or pray with you, or just come and find peace and rest for a while. Coffee available.

Thursday, 6<sup>th</sup> June

Eucharist: 10.30am at Espiritu Santo, Los Gigantes  
(Readings: 2 Timothy 2: 8 – 15; Mark 12: 28 – 34)

**Next Sunday, 9<sup>th</sup> June** Trinity 2

**Eucharist:** Times and locations as today.

(Readings: Genesis 3: 8 – 15; Psalm 130; 2 Corinthians 4: 13 – 5: 1;  
Mark 3: 20 – 35)

**Food for the needy.** A tub by the altar or at the back of church is provided for the collection of non-perishable produce that will be delivered in turn to the nuns at Vilaflor and Santiago del Teide, for them to distribute to local people and families in particular need. Your donations are much appreciated.