

### A thought for the day

‘The ultimate change intended by God is the transformation of human beings into the likeness of Christ. The bread and wine *become* the sacramental body and blood of Christ in order that the Christian community may *become* more truly what it already is, the Body of Christ.’ – *The Anglican-Roman Catholic International Commission*

### A prayer for the week for ourselves

Loving Father, in the bread broken for us here, we recognize the one who is the Bread of Life, your Son Jesus Christ. Give us this bread always. May he be our daily bread to help us to break the bread of our own lives to create justice, dignity, and hope for all. We ask this in the name of Jesus the Lord. Amen.

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## **The Anglican Church of St. Francis, South Tenerife**

*Diocese in Europe; Archdeaconry of Gibraltar*

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### ***Walking together in faith***

4<sup>th</sup> August 2024

**Tenth Sunday after Trinity**

*(18<sup>th</sup> Sunday in Ordinary Time)*

### **The Sunday Eucharist:**

10.15am **San Eugenio**, Playa de Las Américas

12 noon **San Blas**, Golf del Sur

6.00pm **Espiritu Santo**, Los Gigantes

Welcome to everyone to our worship. Many people are hungry today but not only for bread or rice or whatever else is their staple food. As Christians we are naturally concerned about the problem of hunger in the world including the hunger for dignity, justice and peace. We follow Jesus who came among people to satisfy the deepest human hungers and made himself bread for the life of the world. He, the Lord, is here among us now. If we follow him on his way of self-giving, we will share in some useful way in his work to bring to a hungry world the food that satisfies all hungers.

Important information regarding the reception of Holy Communion  
Holy Communion is distributed in both kinds (bread and wine). You may receive in one kind only if you prefer. To receive from the chalice, please drink (sip!) from it. We ask you not to dip the wafer bread into the chalice. It is more infection risky and is not approved in the Diocese in Europe. **If you require gluten-free bread, please let us know before the service begins.**

### Today's readings

Exodus 16: 2 – 4 & 9 – 15 *God gives food to his people*

On their journey to the promised land, the people of Israel, recently liberated from slavery in Egypt, have to learn to rely completely on God. God cares for them and gives them the 'manna,' bread for every day.

Psalm 78: 2 – 4; 23 – 25 & 54, with the response:

**The Lord gave them bread from heaven**

Ephesians 4: 1 – 16 *One people in God*

The Ephesian Christians are exhorted to live lives worthy of their calling, to reveal the love of Christ in their daily living and relating to one another. Taking this passage seriously will shake us out of the complacency, disunity, and dullness, all of which can threaten so much of Church life.

John 6: 24 – 35 *Jesus, the Bread of life*

The crowd that was fed by Jesus at the multiplication of loaves still fails to see that the gift of God in Jesus is greater than any material gift could be. He is bringing a far greater miracle than they could imagine – the salvation of the world.

Eucharistic Prayer: G (pages 18 – 19). The Lord's Prayer and Holy Communion follow (page 21).

A collection will be taken at the Offertory.

If you are a UK taxpayer, please consider using the Gift Aid envelope provided, or available at the back of church. It would increase your donation by 25% with no extra cost to you.

Contributions at any time are also most welcome by bank transfer to either our euro or sterling accounts. For security reasons the details have had to be withdrawn from the pew sheet. Please contact our treasurer Gwen Furmston, in church (San Eugenio) or by email to [sgfurmston@gmail.com](mailto:sgfurmston@gmail.com)

We are a completely self-supporting Chaplaincy. Your generous giving is very important to us and much appreciated, helping us to maintain an Anglican presence and ministry in south Tenerife.

### **Our Charity Shop in Los Gigantes**

With so many volunteers currently away, the shop will be open on Fridays only during August: 10.00am – 2.00pm Apologies for the inconvenience. Enquiries to Jill Pargeter – 711 03 64 74.

**Every Tuesday** San Blas church is open from 11.00am to 12 noon for private prayer or for someone to chat or pray with you, or just come and find peace and rest for a while. Coffee available.

### **Thursday, 8<sup>th</sup> August**

**Eucharist: 10.30am** at Espiritu Santo, Los Gigantes  
(Readings: Jeremiah 31: 31 – 34; Matthew 16: 13 – 23)

**Every Friday at midday**, all are welcome to meet over coffee (or whatever you prefer) at the Kiosco restaurant in San Blas

commercial centre (middle square). An opportunity for regular St Francis church members and others to meet in a friendly and informal way.

**Next Sunday, 11<sup>th</sup> August** Trinity 11

**Eucharist:** Times and locations as today.

(Readings: 1 Kings 19: 4 – 8; Psalm 34; Ephesians 4: 25 – 5: 2;  
John 6: 35 & 41 – 51)